

INVITATION
TO PARTICIPATE

The Windrush, Journey & Arrival 2026

Community Reminiscence, Arts & Dance Project

Join us in celebrating the memories and cultural legacy of the Windrush Generation through dance and creativity. This project connects elders living with dementia, their carers, and community members in Brixton and Lewisham.

- **Dance Workshops:** June – July
Collaborative sessions focusing on movement, memory, and storytelling.
- **Celebrating Windrush Day:** the week of 22 June
Film screening – reflections capturing participants' experiences, featuring their performances and thoughts.
- **Public Exhibitions:** 15 July – 31 July
Local exhibitions across Lambeth and Lewisham showcasing the film, stories, and creative outcomes.

For more information or to register, contact Age Exchange:
hello@age-exchange.org.uk 020 8318 9105

