



# Joyful Lives Dementia Club



THE  
KIA  
OVAL

NHS  
South East London



Surrey County Cricket Club and Age Exchange are delighted to be working together running our **Joyful Lives Dementia Club** at the Kia Oval.

**Tuesdays – 11am to 1pm**

**13 January 2026 – Please go to Jan Brittin room (John Edrich Gate)**

**3 February, 3 March, 14 April, 12 May, 2 June, 7 July 2026 – Please go to Room 43 –Alec Stewart Gate**

**8th September 2026 – Please go to Jan Brittin room (John Edrich Gate)**

**6th October, 3rd November 2026 – Please go to Room 43 –Alec Stewart Gate**

Our Dementia Club is an exciting opportunity for people living with dementia and their carers to meet together and enjoy reminiscence, creative activities, gentle exercise and music! Come along, make new friends and enjoy a whole range of activities to support your health and well-being. The group is free to attend.

All sessions will take place in the hospitality suite room 43 through the Alec Stewart Gate, except the January and September dates listed above which will be in Jan Brittin Room through the John Edrich Gate hosted by our team at the Kia Oval and group activities delivered by Age Exchange – an award-winning charity delivering dementia arts and health programmes for more than 43 years.

**To join our dementia club please contact**

**Salma Hameed, Dementia Services Coordinator, Age Exchange**

**dementia@age-exchange.org.uk or 07729 107 520**

**Theresa Peters, Accessibility Officer, The Kia Oval**

**tpeters@surreycricket.com**



# Getting to the Kia Oval



<https://www.kiaoval.com/contact-us/getting-to-the-kia-oval/>

**The Kia Oval, Kennington SE11 5SS**  
**Access via the Alec Stewart Gate**