



Joyful Lives Dementia Club



THE
KIA
OVAL

NHS
South East London



Surrey County Cricket Club and Age Exchange are delighted to be working together running our **Joyful Lives Dementia Club** at the Kia Oval.

Tuesdays – 11am to 1pm

13 January 2026 – Please go to Jan Brittin room (John Edrich Gate)

3 February, 3 March, 14 April, 12 May, 2 June, 7 July 2026 – Please go to Room 43 – Alec Stewart Gate

8th September 2026 – Please go to Jan Brittin room (John Edrich Gate)

6th October, 3rd November 2026 – Please go to Room 43 – Alec Stewart Gate

Our Dementia Club is an exciting opportunity for people living with dementia and their carers to meet together and enjoy reminiscence, creative activities, gentle exercise and music! Come along, make new friends and enjoy a whole range of activities to support your health and well-being. The group is free to attend.

All sessions will take place in the hospitality suite room 43 through the Alec Stewart Gate, except the January and September dates listed above which will be in Jan Brittin Room through the John Edrich Gate hosted by our team at the Kia Oval and group activities delivered by Age Exchange – an award-winning charity delivering dementia arts and health programmes for more than 43 years.

To join our dementia club please contact

Salma Hameed, Dementia Services Coordinator, Age Exchange
dementia@age-exchange.org.uk or 07729 107 520
Theresa Peters, Accessibility Officer, The Kia Oval
tpeters@surreyccricket.com



Getting to the Kia Oval

On arrival at The Kia Oval, please go to the relevant gate and tell the stewards you have come for the Joyful Lives Dementia Club and they will show you where to go.



<https://www.kiaoval.com/contact-us/getting-to-the-kia-oval/>

The Kia Oval, Kennington SE11 5SS
Access via the Alec Stewart Gate