



Joyful Lives Dementia Club



THE
KIA
OVAL

NHS
South East London



Surrey County Cricket Club and Age Exchange are delighted to be working together running our **Joyful Lives Dementia Club** at the Kia Oval.

Tuesdays
11am to 1pm

6 May, 24 June, 22 July, 2 September, 7 October, 4 November 2025

(All 2026 dates to follow in the New Year)

Our Dementia Club is an exciting opportunity for people living with dementia and their carers to meet together and enjoy reminiscence, creative activities, gentle exercise and music! Come along, make new friends and enjoy a whole range of activities to support your health and well-being. The group is free to attend.

All sessions will take place in the hospitality suite room 45 hosted by our team at the Kia Oval and group activities delivered by Age Exchange – an award-winning charity delivering dementia arts and health programmes for more than 40 years.

To join our dementia club please contact

Salma Hameed, Dementia Services Coordinator, Age Exchange
dementia@age-exchange.org.uk or 07729 107 520
Theresa Peters, Accessibility Officer, The Kia Oval
tpeters@surreyccricket.com



Getting to the Kia Oval

On arrival at The Kia Oval, please go to the **Alec Stewart** located on the west side of the venue. You can then gain access to the ground via the JM Finn Stand reception. We are in the **hospitality suite room 45**.



<https://www.kiaoval.com/contact-us/getting-to-the-kia-oval/>

The Kia Oval, Kennington SE11 5SS
Access via the Alec Stewart Gate