



# Monday Club

**Monday**  
**10.30am-12.30pm**  
**West Norwood Library**

## **A group for people living with dementia and their carers**

Socialise with others and have fun! Sessions include arts and crafts, quizzes and games and music and movement.

**Free to attend**

**To take part or make a referral please call 07729 107 520 or email [dementia@age-exchange.org.uk](mailto:dementia@age-exchange.org.uk)**

Part of Age Exchange's Creative Dementia programme in Lambeth.

# Finding our venue

West Norwood Library is on the High Street in the heart of West Norwood, next to the cemetery.

**West Norwood Library, Community Room, 1 – 7 Norwood High Street, London SE27 9JU**

