



Seeking care for yourself or a loved one but don't know where to start?

Come along to our drop-in sessions on the last Wednesday of every month

Age Exchange, 11 Blackheath Village, Blackheath,
London SE3 9LA | 12:00-2:00pm

A friendly face from Leah Lodge and Rectory Court care homes in Blackheath will be available to have a chat with you over a cup of tea or coffee and answer any questions you may have about care.