



USING MEMORIES CREATIVELY

Not got enough drama in your life?

With over twenty five years experience in reminiscence-based arts projects and intergenerational work, this Age Exchange course provides practical training exploring how to bring memories to life through visual arts, creative writing and theatre initiatives. See the merits of using personal stories to value and enhance individual's lives, demonstrating how to increase a sense of community, join this creative workshop and learn how.

We can provide reminiscence training at our premises or for groups of up to 16 people at your own venue. For more information please: e-mail: training@age-exchange.org.uk, call: 020 8318 9105 or book online at: www.age-exchange.org.uk.