



CREATIVE REMINISCENCE IN DEMENTIA CARE 2 Day Course

With over twenty five years experience in person-centred reminiscence, Age Exchange's creative expertise makes this enjoyable training relevant to you and those you care for in your everyday working life.

Understand the processes of remembering and forgetting for people living with dementia, learn how to work with people's memories and their life stories, experience engaging with all five senses in reminiscence practice, think about the psychology of ageing, discover available resources, develop skills to help plan and evaluate reminiscence sessions.

We can provide reminiscence training at our premises or for groups of up to 16 people at your own venue. For more information please: e-mail: training@age-exchange.org.uk, call: 020 8318 9105 or book at: www.age-exchange.org.uk.