



INTRODUCTION TO REMINISCENCE AND PERSON CENTRED CARE

Heard it said that most people just want someone to talk to?

At Age Exchange we believe chatter matters and by enabling others to share memories, we can appreciate their lives and needs today.

Using past histories and present objects; this training gives you a strong foundation to understanding good reminiscence practice and learning skills for engaging vulnerable older people; through everyday conversation or in groups.

We can provide training at our premises or for groups of up to 16 people at your own venue. For more information please: e-mail: training@age-exchange.org.uk, call: 020 8318 9105 or book at: www.age-exchange.org.uk.